



No.3 Countisbury Common & Barna Barrow

Grade:
From Countisbury car park - **Access For Some:** Suitable for sturdy pushchairs, assisted wheelchairs and more robust, all-terrain type equipment.

From Barna Barrow - **Access For Many:** Suitable for sturdy pushchairs, assisted wheelchairs and more robust, all-terrain type equipment.

Directions: From Countisbury car park, follow the tarmac road towards the coast. Just before it starts to descend steeply, turn left onto the path and follow this track westwards across moorland. When you reach a cross roads (Barna Barrow car park 100 yds to your left) continue straight ahead and then take the next track on the right that leads directly to the hut and telecoms aerial. From Barna Barrow take either path from the end of the car park and head towards the mast.

Surface and terrain: From Countisbury Common car park the first section is along a level tarmac road. It continues along a wide grass and stone track with some uneven sections. From the Barna Barrow car park the route follows a fairly level grass track out to Butter Hill.



A walk across high moorland grazed by Exmoor ponies to the summit of Butter Hill, with amazing views across to Wales and along the coast to Lynmouth and beyond.



Start points:
Countisbury Common car park
Postcode: EX35 6NE
Grid Reference: SS 758 494
What3Words:
clearcut.running.harmlessly

or: Barna Barrow car park
Postcode: EX35 6NE
Grid Reference: SS 752 495
What3Words:
buzzing.strikers.dusty



Distance:
From Countisbury Common car park 1¼ miles / 2.75km, there and back with 85 feet / 25m of ascent.
From Barna Barrow car park 0.8 mile / 1.3km there and back, with 50 feet / 15m of ascent.



Toilets: None on site. Nearest accessible public toilets are in Lower Lyndale car park, Lynmouth, EX35 6EP or County Gate EX36 6NY



Refreshments: Pub at Countisbury.

- Despite its name, no prehistoric barrows have been found on Barna Barrow, and it's thought its name may have derived from the rounded shape of the hill (there is some inconclusive evidence of Bronze Age barrows).
- Countisbury Common is home to a herd of Exmoor ponies. This hardy breed has evolved over hundreds and possibly thousands of years to thrive in the climatic conditions and poor grazing found on these moors. They are used for conservation grazing and as riding ponies.

